ADAPTING URBAN FORESTS TO CLIMATE CHANGE

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Northern Institute of Applied Climate Science



Climate

Carbon



Provides **practical** information, resources, and technical assistance related to forests and climate change Chartered by USDA Forest Service, universities, nonprofit and tribal conservation organizations



VIBRANT CITIES LAB

oB

Climate & Health Action Guide

Maximize the benefits of trees to address climate change and improve human health.

GET STARTED \rightarrow

PHASE:

https://www.vibrantcitieslab.com/guides/climate-health-action-guide/

Who is the Action Guide for?



Urban/community foresters



Public health professionals



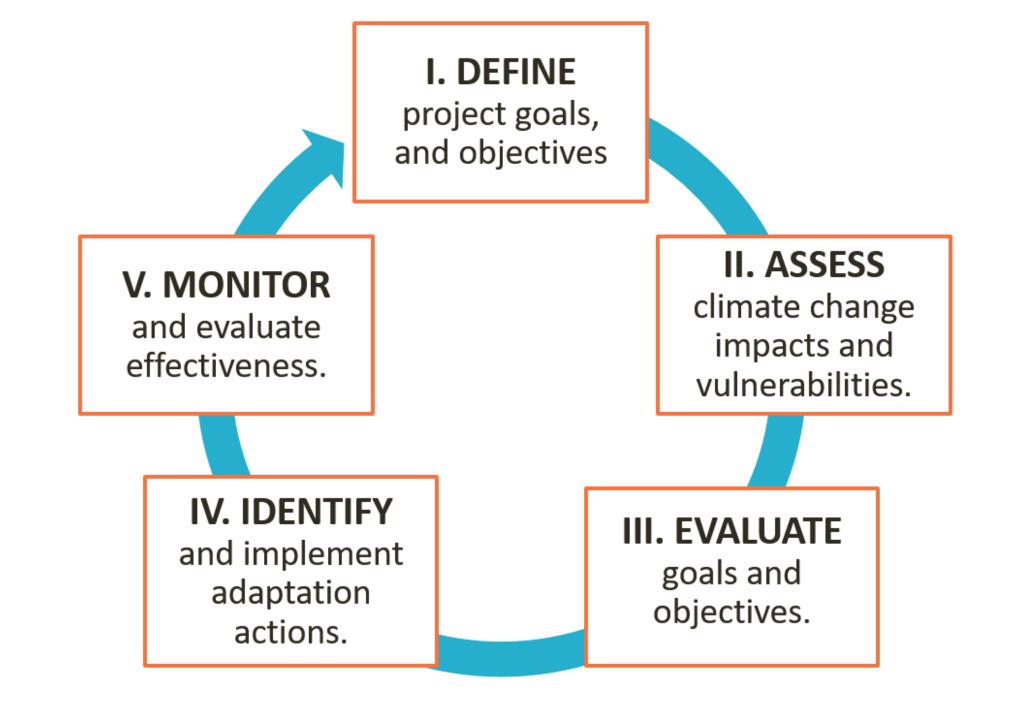
Climate/sustainability professionals



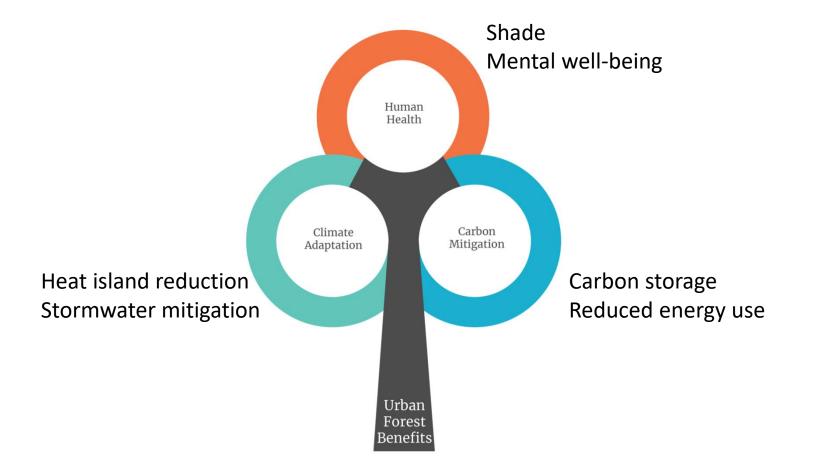
Planners



Landscape architects

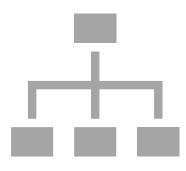


I.1 Understand Urban Forests Benefits for Climate and Health



I.2 Define Your Project Goals

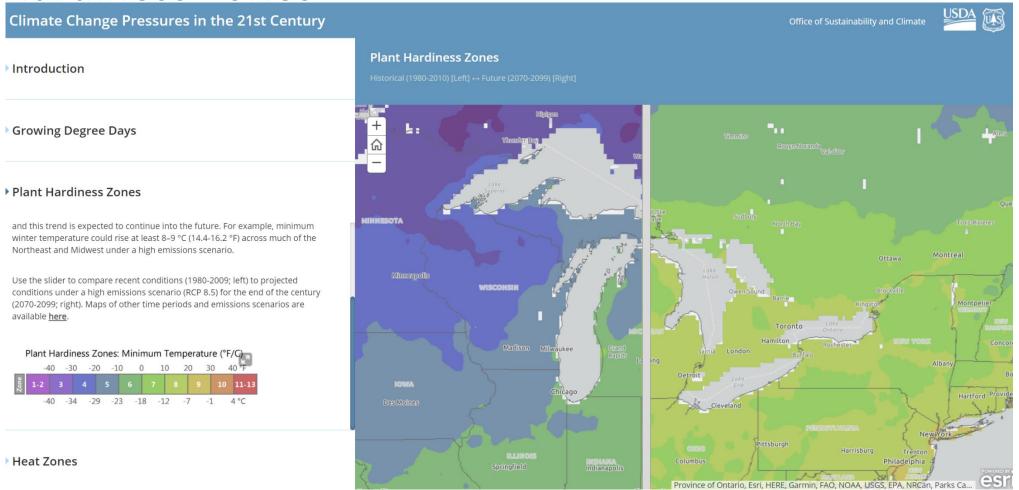




Management goals describe the broad outcomes you are trying to accomplish.

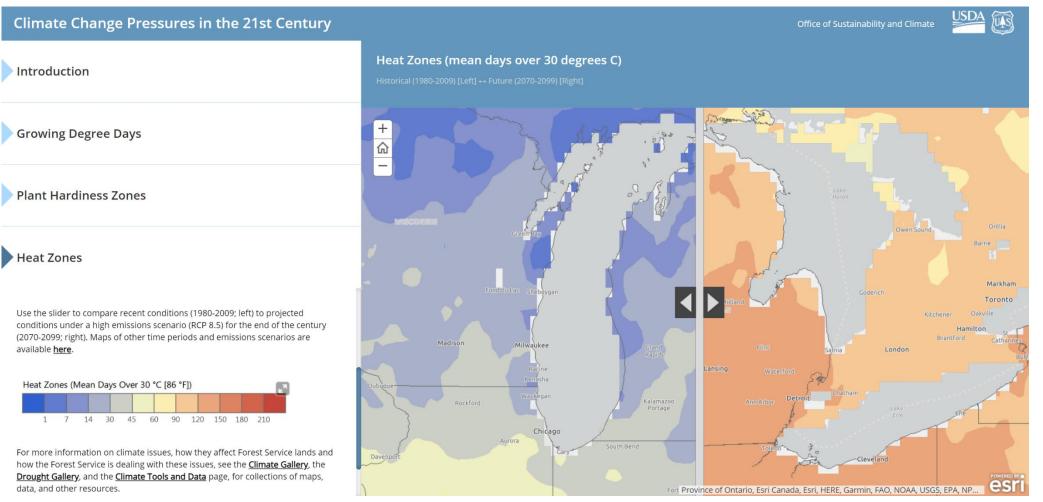
Management objectives are more specific actions that support the completion of a goal.

II.1 Understand Climate and Health Impacts Hardiness Zones



https://usfs.maps.arcgis.com/apps/MapSeries/index.html?appid=96088b1c086a4b39b3a75d0fd97a4c40

II.1 Understand Climate and Health Impacts Heat Zones



https://usfs.maps.arcgis.com/apps/MapSeries/index.html?appid=96088b1c086a4b39b3a75d0fd97a4c40

Adaptive Capacity

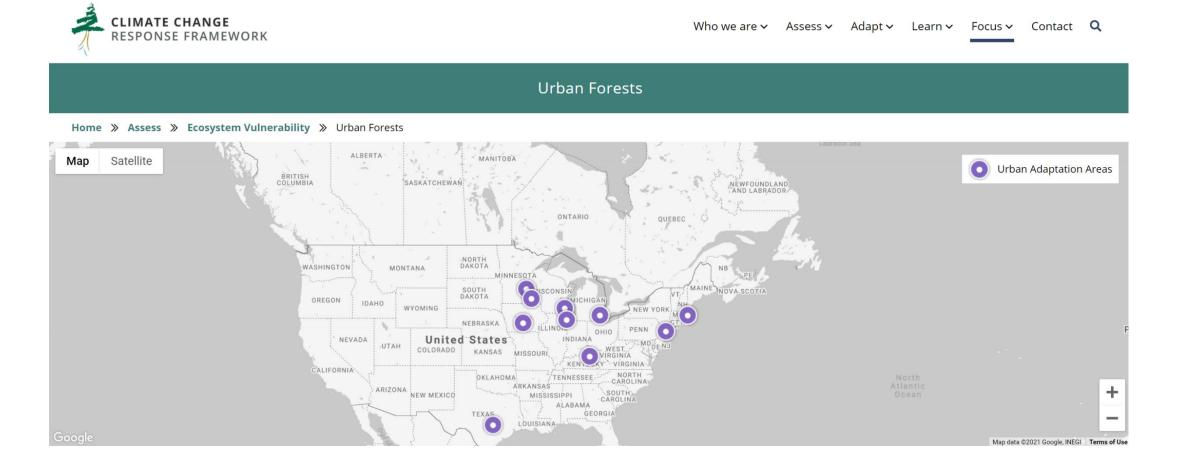
the ability of a system to accommodate or cope with potential climate change impacts with minimal disruption.



Example of High Adaptive Capacity: Kentucky Coffeetree

- No major pest/disease issues
- Adaptable to a range of soils, climates
- Urban-tolerant
- Low maintenance
- Widely available

II.2 Evaluate Climate Risks in Your Urban Forest



https://forestadaptation.org/urban

II.2 Evaluate Climate Risks in Your Urban Forest

CLIMATE CHANGE VULNERABILITY OF URBAN TREES



This list was developed to aid Detroit, Michigan community forestry practitioners in selecting trees to reduce climate change vulnerability of their urban forests. It is meant to be a complement to other tree selection resources. Other factors may also need to be considered, such as aesthetics, local site conditions, wildlife value, or nursery availability. It is also important to note that some species may have climate benefits but may not be suitable for planting for other reasons, such as having invasive potential or susceptibility to pests or pathogens.

Vulnerability: Trees can be vulnerable to a variety of climate-related stressors such as intense heat, drought, flooding, and changing pest and disease patterns. Climate vulnerability is a function of the impacts of

climate change on a species and its adaptive capacity. Species with negative impacts on habitat suitability and low adaptive capacity will have high vulnerability and vice versa. The following factors were used to determine climate vulnerability:

Urban adaptability: Adaptability scores were generated for each species based on literature describing its tolerance to disturbances such as drought, flooding, pests, and disease, as well as its growth requirements such as shade tolerance, soil needs, and ease of nursery propagation. Scores were assigned to species using methods developed in an urban forest vulnerability assessment for Chicago for trees planted in developed sites. A positive score indicates that a species is tolerant to a wide range of disturbances and/or a limited to specific planting sites.

Hardiness and heat zone suitability: Tree species ranges were recorded from government, university, and arboretum websites. Species tolerance ranges were compared to current and projected heat and hardiness zones for Detroit, Michigan using downscaled climate models under low emissions (RCP 4.5) and high emissions (RCP 8.5) scenarios for changes in greenhouse gases. Trees were considered to have suitable zone suitability if the species' tolerance was within the range of current and projected hardiness and heat zone through the end of the 21st century.

NOTE: This list was primarily created for species planted in developed sites, such as streets, yards, boulevards, and parks. If you are interested in projected changes in habitat suitability for native species in natural areas, see the Climate Change Tree Atlas at <u>wwwfs.fed.us/nrs/atlas/</u>.

Current and projected USDA Hardiness Zones and AHS Heat Zones for Detroit, Michigan. Hardiness zone is determined by the average lowest temperature over a 30 year period. Heat zones are determined by the number of days above 86°F.

Time Period	Hardiness Z	one Range	Heat Zone Range			
1980-2010		6	5			
	Low Emissions	High Emissions	Low Emissions	High Emissions		
2010-2039	7	7	6	7		
2040-2069	7	8	7	8		
2070-2099	7	8	7	9		

SOURCE: Adaptability assessment for Chicago by Brandt et al. 2017 (https://www.fs.fed. us/ms?ub/gs/dt/tt.ms168.pdf). Future heat and hardiness zone information were provided from: https://usfs.maps.arcais.com/apps?MapSeries/Index. html?app1d=2088b1086bad193b3a72dd/dtpa4c4d.



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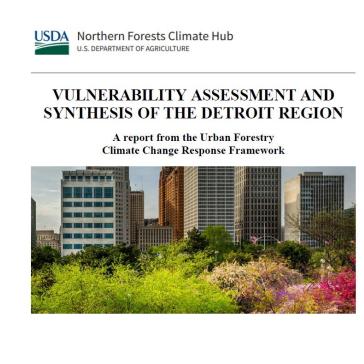
URBAN ADAPTABILITY:	ZONE SUITABILITY:	VULNERABILITY:
 + High: Species may perform better than modeled • Medium Low: Species may perform 	 Suitable Not Suitable 	✓ Low: Suitable zone, high adaptability Low-moderate: Suitable zone, medium adaptability △ High: Zone not suitable, low adaptability
worse than modeled		⊖ Moderate: Suitable zone, low adaptability or zone not suitable, high adaptability

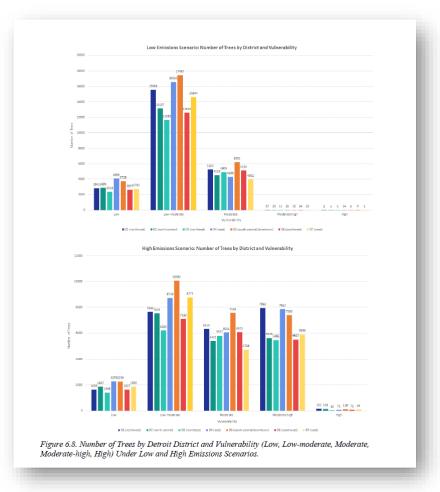
*Invasive species

		ZONE		ZONE				ZONE		ZONE	
COMMON NAME	ADAPT	SUIT	VULN	SUIT	VULN	COMMON NAME	ADAPT	SUIT	VULN	SUIT	VUL
Accolade elm	+	v	VOLIV	X	Θ	Eastern hemlock	-	v	e	X	Δ
Alleghany serviceberry	+		÷	- Ŷ		Eastern redbud		<u> </u>		Ŷ	
American beech		-		-		Eastern redcedar	+	÷.	· ·	÷.	
American elm		÷.				Eastern serviceberry		<u> </u>		×	
American filbert	- :-	÷.				Eastern white pine	÷.	÷.	θ	x	Δ
American linden, Basswood		÷.	•	×	0	English oak	-	÷	•	x	0
American mountain ash		×	0	x	0	European ash		<u> </u>		x	0
American plum		Ŷ		Ŷ	0	European beech	÷	÷		x	0
American sycamore	- :-	÷	-	Ŷ	•	European hornbeam	÷	÷		x	0
Amur corktree*		÷.		×	0	European larch		×	0	x	ō
Amur maackia	+	-	Ť	x	ē	European mountain ash		Ŷ	•	Ŷ	0
Amur maple*		÷.		x		Flowering dogwood	÷	÷.		Ŷ	•
Apple serviceberry		÷		Ŷ	0	Freeman maple	÷	÷	-	×	0
Austrian pine		÷.		Ŷ	0	Ginkgo	+	÷.	Ť	Ŷ	Ť
Bald cypress	+	-	•	- 0		Goldenrain tree*	+		, ,	÷.	÷
Balsam fir		×	ò	×	0	Gray birch	-	×	Δ	×	Ā
Bitternut hickory		- 🗘		- 🗘	•	Green ash		- Ç	-	- Ŷ	-
Black alder		-	•	×	0	Hardy rubbertree	+	-	•	×	0
Black ash		-	θ	x	Δ	Hedge maple				x	0
Black cherry	-	-	ē	- Ç	-	Higan cherry			•	x	0
Black locust		÷.	•	-	•	Honeylocust*		÷.		- Ŷ	
Black maple			•	X	0	Ironwood	+				
Black oak	-		θ	x	0	Japanese elm		-			
Black tupelo, Black gum	+	-	Ť	- 🗘	•	Japanese flowering cherry		-	•		Θ
Black walnut	-	~	θ	~	Θ	Japanese maple		~	•	X	ō
Black willow	-	~	ē	~	ē	Japanese pagoda tree	+	~			
Blue ash		~	•	x	0	Japanese tree lilac	+	~		X	Θ
Boxelder		~	•	x	0	Japanese white pine		~	•	- 🗘	•
Bur oak	+	~	•			Japanese zelkova	+	-	•	-	
Callery pear*		~	•	×	0	Katsura tree	-	~	θ	х	Δ
Chestnut oak	+	~	•	×	θ	Kentucky coffeetree	+	~	•	- 🗘	
Chinkapin oak	+	~		x	ē	Korean mountain ash		~	•	~	•
Chokecherry		~	•	×	0	Kousa dogwood	+	-	•	X	Θ
Cockspur hawthorn		~	٠	×	0	Lacebark elm	+	~	•	~	
Colorado blue spruce		~	•	×	0	Littleleaf linden	+	~	•	х	Θ
Common hackberry	+	~	•			London planetree		~	•		•
Common horsechestnut		~	•	×	0	Miyabe maple	+	~	•	×	Θ
Common persimmon	+	~	•			Mockernut hickory		~	•		
Cornelian cherry dogwood		~	•	×	0	Mountain maple	+	X	θ	X	Θ
Crimean linden	+	~	•	x	θ	Mugo pine			•	x	0
Dawn redwood			•	- 🗘	•	Musclewood	+	-		- 🗘	
Donald Wyman crabapple		-	•	x	θ	Northern catalpa	÷.	-	•	×	0
Douglas-fir	_		θ	x	Δ	Northern pin oak	_	-	θ	x	Δ
Downy serviceberry	+	-	Ť	- Ŷ		Northern red oak		-	•	Ŷ	
Eastern cottonwood			θ	-	θ	Northern white cedar, Arborvitae	· +			X	Θ

https://forestadaptation.org/assess/ecosystem-vulnerability/urban/detroit

II.2 Evaluate Climate Risks in Your Urban Forest





February 2021: PEER REVIEW DRAFT Climate Hub Technical Report

https://forestadaptation.org/assess/ecosystem-vulnerability/urban/detroit

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II.3 Evaluate Risks to Human Health

CHAPTER 4 Human Health Impacts

Urban forests and their associated benefits have become more important for human health as more than half of the nation's population resides in cities. Urban trees provide ecosystem services, such as cooling the air, absorbing rainfall, providing oxygen, intercepting UV light, storing carbon, and reducing air pollution. U.S. Forest Service scientists and collaborators estimate that trees are saving over 850 lives and preventing 670,000 cases of acute respiratory symptoms each year, in addition to providing monetary savings (U.S. Forest Service, 2015).

The interaction between trees and a changing climate will have important implications for protecting human health. A changing climate has the potential to worsen existing health issues and create new issues. The presence and intensity of allergens, biogenic volatile organic compounds (BVOCS), and pests and pathogens are projected to be altered by climate stressors, in addition to heat-related illnesses and mortality, flooding and extreme weather events, increases in food prices, and social, mental, and physical impacts. Adopting proactive management to maintain or adjust species composition may help reduce harmful impacts. The following is a summary of some of the key human health impacts for the Detroit region in relation to the changing urban forest.

The Michigan Department of Health and Human Services and GLISA identified five priority climaterelated health effects for Michigan including respiratory diseases, heat-related illnesses, waterborne and vector-borne diseases, and injuries, particularly carbon monoxide (CO poisoning) (Briley et al., 2015).

Air Pollution

A changing climate can increase ground-level ozone and particulate matter air pollution, associated with health issues such as asthma, diminished lung function, increased hospital visits, and premature deaths (CDC, 2020). Ozone formation is affected by heat, methane emissions, and concentrations of precursor chemicals, while particulate matter is affected by factors such as wildfire emissions and air stagnation episodes. As the climate continues to warm, premature deaths related to ozone and particle pollution are projected to increase.

Allergenicity

Climate change impacts the presence of airborne allergens (aeroallergens such as tree, grass, and weed pollen) by shifting the production, allergenicity, distribution, and timing (USGCRP, 2018b). In other words, climate change can alter when the pollen season starts and ends, how much pollen plants create, how much pollen is in the air, how pollen impacts our health, how much pollen we are exposed to, and the overall risk of allergy symptoms (CDC, 2020). Children and those with respiratory diseases such as asthma are predominately vulnerable to aeroallergens, which have the ability to cause allergic rhinitis and enhance asthma and sinusitis (USGCRP, 2018a). In addition, higher winter and spring temperatures can bring earlier flowering for trees such as oak.

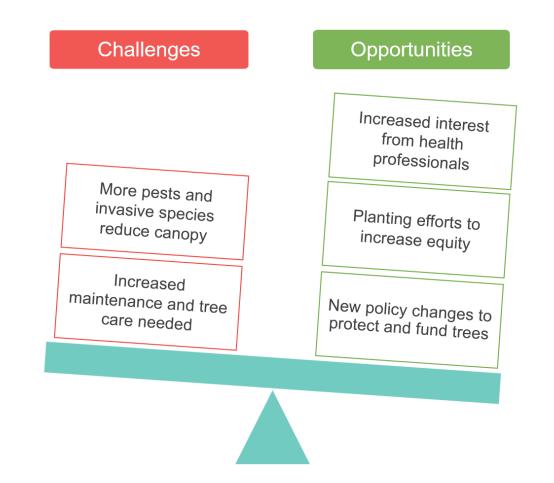
Oak pollen in particular is expected to cause an increase in asthma-related emergency room visits (USGCRP, 2018a). Birch pollen production and peak values are also projected to increase by a factor of 1.3 to 2.3 relative to 2000 by 2100, with the start and peak pollen release dates coming two to four weeks earlier (USGCRP, 2018b). Common ragweed, the most common aeroallergen in the U.S., is expected to continue its longer pollen season in central North America (Ziska et al., 2011). Increases in CO₂ and temperature have been found to cause earlier flowering, higher floral numbers and pollen production, as well as increased allergenicity in ragweed (USGCRP, 2018b). However, not all pollen seasons will be extended, as some areas become drier, there may be potential for pollen season to shorten due to plant

Moderate Allergen				
Acer buergerianum	trident maple			
Acer campestre	hedge maple			
Acer griseum	paperbark maple			
Acer miyabei	miyabei maple			
Acer nigrum	black maple			
Acer palmatum	Japanese maple			
Acer platanoides	Norway maple			
Acer pseudoplatanus	sycamore maple			
Acer rubrum	red maple			
Acer saccharinum	silver maple			
Acer saccharum	sugar maple			
Acer tataricum	tatarian maple			
Acer x freemanii	freeman maple			
Alnus glutinosa	black alder			
Alnus rugosa	grey alder			

https://forestadaptation.org/assess/ecosystem-vulnerability/urban/detroit

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III.1 Identify Challenges and Opportunities



IV.1 Adaptation Strategies and Approaches for Climate and Health

CONCEPT

Strategy: A strategy is a broad adaptation response that is applicable across a variety of resources and sites

Approach: An approach is an adaptation response that is more specific to a resource issue or geography

Tactic: The most specific adaptation response, providing prescriptive direction about actions that can be applied on the ground

ACTION

Adaptation Menu

A collection of plausible adaptation actions that is:

- Specific to a discipline
- Organized into a tiered hierarchy
- Thorough and comprehensive (including opposing ideas!)

URBAN FOREST CLIMATE & HEALTH MENU AT A GLANCE

The following list of strategies and approaches offers a glance at the Urban Forest Climate and Health Menu.¹ The full document includes descriptions of each strategy and approach as well as example adaptation tactics.

Strategy 1: Engage social systems to integrate climate change, urban forest, and human health actions

Approach 1.1: Address socio-ecological systems in early, comprehensive response Approach 1.2: Integrate urban forestry in climate planning and policy Approach 1.3: Address climate and health challenges of socially-disadvantaged communities and vulnerable populations

Strategy 2: Reduce the impact of human health threats and stressors using urban trees and forests

Approach 2.1: Reduce extreme temperatures and heat exposure Approach 2.2: Improve urban air quality conditions Approach 2.3: Anticipate and reduce human health impacts of hazardous weather and disturbance events

Strategy 3: Maintain or increase extent of urban forests and vegetative cover

Approach 3.1: Minimize forest loss and degradation Approach 3.2: Maintain existing trees through proper care and maintenance Approach 3.3: Restore and increase tree, forest, and vegetative cover Approach 3.4: Sustain locations that provide high value across the landscape

Strategy 4: Sustain or restore fundamental ecological functions of urban ecosystems

Approach 4.1: Maintain or restore soils and nutrient cycling in urban areas Approach 4.2: Maintain or restore hydrologic processes in urban forests Approach 4.4: Restore or maintain fire in fire-adapted ecosystems

Strategy 5: Reduce the impact of physical and biological stressors on urban forests

Approach 5.1: Reduce impacts from extreme rainfall and enhance water infiltration and storage Approach 5.2: Reduce risk of damage from extreme storms and wind Approach 5.3: Reduce risk of damage from wildfire Approach 5.4: Maintain or improve the ability of forests to resist pests and pathogens Approach 5.5: Prevent invasive plant establishment and remove existing invasive species Approach 5.6: Manage herbivory to promote regeneration, growth, and form of desired species

Strategy 6: Enhance taxonomic, functional, and structural diversity

Approach 6.1: Enhance age class and structural diversity in forests Approach 6.2: Maintain or enhance diversity of native species Approach 6.3: Optimize and diversify tree species selection for multiple long-term benefits Approach 6.4: Maintain or enhance genetic diversity

Strategy 7. Alter urban ecosystems toward new and expected conditions

Approach 7.1: Favor or restore non-invasive species that are expected to be adapted to future conditions Approach 7.2: Establish or encourage new species mixes. Approach 7.3: Introduce species, genotypes, and cultivars that are expected to be adapted to future conditions Approach 7.4: Disfavor species that are distinctly maladapted Approach 7.5: Move at-risk species to more suitable locations Approach 7.6: Promptly revegetate and remediate sites after disturbance Approach 7.7: Realign severely altered systems toward future conditions

Strategy 8: Promote mental and social health in the face of climate change

Approach 8.1: Provide nature experiences to ease stress and support mental function Approach 8.2: Encourage community and social cohesion for climate response

Strategy 9: Promote human health co-benefits in nature-based climate adaptation activities Approach 9.1: Co-design large scale green infrastructure and systems to promote health Approach 9.2: Provide micro-scale experiences for health promotion and healing

STRATEGY 1:

Engage social systems to integrate climate change, urban forest, and human health actions. STRATEGY 2: Reduce the impact of human health threats and stressors using urban trees and forests.



STRATEGY 3:

Maintain or increase extent of urban forests and vegetative cover.



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STRATEGY 4:

Sustain or restore fundamental ecological functions of urban ecosystems.

STRATEGY 5:

Reduce the impact of physical and biological stressors on urban forests.

STRATEGY 6:

Enhance taxonomic, functional, and structural diversity.



STRATEGY 7: Alter urban ecosystems toward new and expected conditions.

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STRATEGY 8: Promote mental and social health in the face of climate change.

STRATEGY 9:

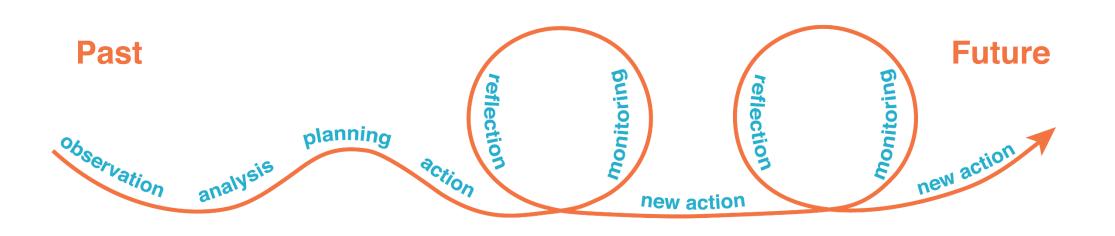
Promote human health co-benefits in nature-based climate adaptation activities.

Adobe Stock

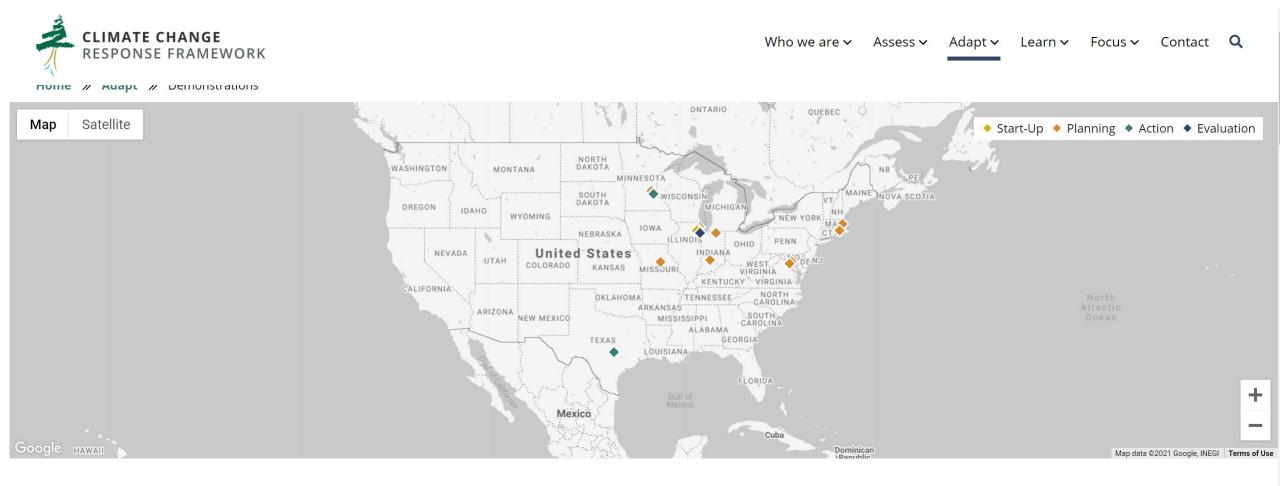
IV.2 Select Your Adaptation Actions for Implementation

- **Time Frames** When would this action be implemented?
- **Benefits** What benefits does the action provide?
- **Drawbacks and Barriers** What drawbacks are associated with this action?
- **Effectiveness** Does the action meet the desired intent?
- **Feasibility** Can the action be implemented?

V.1 Create a Monitoring Plan

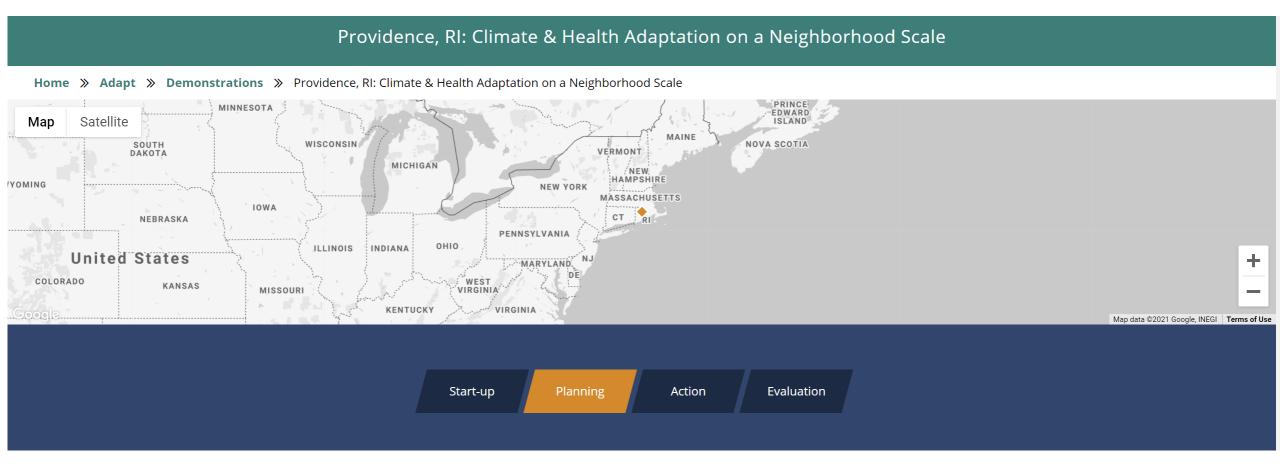






https://forestadaptation.org/adapt/demonstration-projects

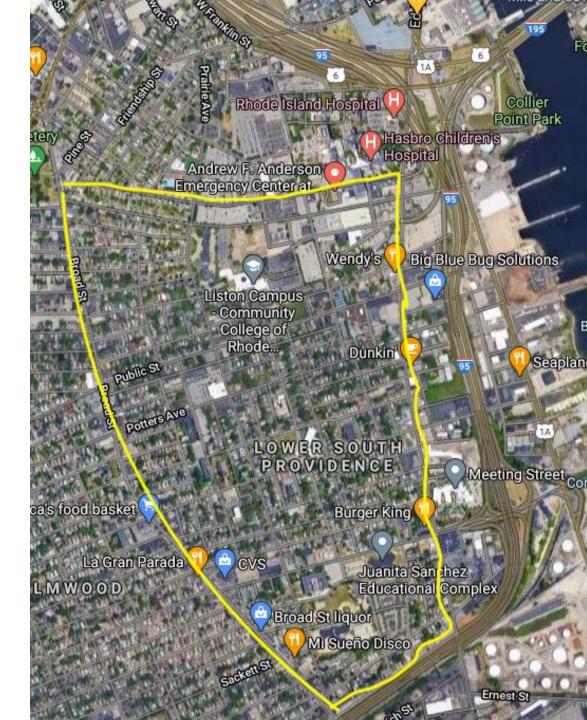
Providence, RI: Climate & Health Adaptation on a Neighborhood Scale



https://forestadaptation.org/adapt/demonstration-projects/providence-ri-climate-health-adaptation-neighborhood-scale

I. Goals

- Increase and enhance canopy cover.
- Decrease stormwater runoff.
- Engage residents, community groups, and institutions.
- Protect existing tree canopy.



II. Impacts

- Warmer Temperatures: The project area is in one of the hottest pockets of Providence.
- Extreme Events:
 - Older trees susceptible to breakage from wind
 - Localized flooding-combined stormwater system
- Altered Soil Moisture and Increased Drought Risk.

III. Challenges and Opportunities

Challenges

- More difficult to establish trees.
- Fewer volunteer day opportunities in summer (heat, storms).
- Less hospital environment for maintenance activities.

Opportunities

- Can plant trees from warmer zones.
- Longer planting season.
- Climate change raises importance of action.

IV. Adaptation Tactics

- Select drought-adapted and wind tolerant trees by examining adaptive capacity scores for individual tree species.
- Develop communication strategies using the local school and organizations.
- Create small green spaces that incorporate nature and are designed by the community.



V. Monitoring

- Number and diversity of new trees planted.
- Number of trees pruned/maintained by volunteers.
- Number of risk assessments conducted and EAB treatments given.



Learn More

https://www.vibrantcitieslab.com/guides/clima te-health-action-guide/

https://www.Forestadaptation.org/urban

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